



# Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

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## Panorama Poonhill Tadapani Trek



This is a wonderful short hiking trek in Annapurna region. You can experience the world most beautiful mountains over eight thousand meters Dhaulagiri, Annapurna and the amazing mt. Machhapuchre (Fishtail) and many snowcapped peaks. Not only the mountains but also the different varieties of Gurung, Magar, Hindus and Buddhist culture and their old tradition cultures live you can experience with beautiful landscapes. Those who have not enough holiday time or who cannot hike above three thousand meters, they easily enjoy this panorama view trek and can really experience and enjoy the trek. In this trek the Sun rise and sun set views over the mountains are incredible.

### Trip Itinerary:

#### Panorama Poonhill Tadapani Trek:

Day 01: Arrival in Kathmandu [1300 m/4264 ft]

Arrive international airport in Kathmandu and transfer to a hotel.

Day 02: Kathmandu: Sightseeing and Trek Preparation

Today after breakfast, we start a guided tour to several of the most historical and spiritual

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attractions in Kathmandu. Some of these landmarks are considered World Heritage Sites including the historic Durbar Square, the sacred Hindu temple of Pashupati Nath, the famous 'Monkey Temple' (Swayambhunath) and Buddhists shrine (Buddha Nath) which is one of the largest Stupas in the world. In the afternoon, there will be a pre-trip discussion where we can meet our trek leader and other team members. Overnight in Kathmandu.

**Day 03: Drive to Pokhara [823m/2,700ft]**

Early morning drive to Pokhara. drive 6-7 hrs. and same day enjoy to see the gaint Phewa lake.

**Day 04: Spend the day for Sightseeing tours/Hiking in Pokhara valley.** Maily we go to Peace stupa view point, Phewa Lake, Begnas lake, Mahendra Cave and more interesting places. Overnight at Hotel.

**Day 05: Drive to Naya Pul (New bridge), and trek to Tikhe Dhunga/Ulleri (1495m/4905ft)/6hrs**

After an hour drive to Naya Pul we then commence our trek to Birethanti, a large and prosperous town beside the Modi River . We head up the main trail to Sudami where we climb gradually up the side of the valley, reaching Hile (1495m) before pushing on to Tirkhe Dhunga.. We pass through sub tropical valley forests, sometimes on the carved trail on the side of the cliff. And continue hike to Ulleri. Overnight at lodge.

**Day 06: Tikhedhunga to Ghorepani [2750 m/ 9020 ft]: 5-6hrs**

We make our ascent to the Ghorepani village via Ullera. The Ulleri Hill with thousands of steps and boulders that continually go upward would really prove a test of your stamina. The name Ghorepani in Nepali means horse-water owing to its role as an important campsite for traders before it became a trekker's stop. Ghorepani is an interesting place with small shops and stalls for selling local products and craft. The town has two parts: one in a saddle and the other a few hundred feet lower. We stop at the higher part of the Ghorepani village that offers panoramic views of the surrounding mountains including Annapurna South and Nilgiri mountains. Since Ghorepani lies quite higher than our previous stop, we begin to feel the chilly weather especially in the evenings. Overnight at lodge.

**Day 07: Ghorepani - Poon Hill - Tadapani [2700m/8,860 ft]: 6-7 hrs**

To catch the magnificent splendor of sunrise over the Himalayas, we make an early morning climb along the steep trail to the viewpoint of Poon Hill (3200mtrs). Poon Hill (3,210m/10,529ft) is a great viewpoint from where we will be able to enjoy wonderful panoramic views of the Mustang part and Pokhara valleys including the closest views of more than 20 highest mountains including the close-up views of the Annapurna and Dhaulagiri ranges. The snowy peaks of the high mountains loom above and around us glowing in the morning light. After taking photos and having some coffee, tea or hot chocolate, we return back to Ghorepani. After breakfast, head east and climb a nearby ridge. Descend through rhododendron forest, pass by small mountain villages and spectacular waterfalls along the way to Tadapani. Overnight at lodge.

**Day 08: Tadapani to Ghandruk village: 4-5hrs**

After having nice breakfast in Tadapani we start our day hike to Gurung village Ghandruk along the deep forest, Annapurna South, Hiunchuli, Machhapuchhre (fishtail) and Annapurna III very close if the weather is clear and walking 3-4hours. Before reach Ghandruk village there is a nice settlement of Bhaishkarka. After lunch we go for ghandruk village sightseeing and Gurung Meseum visit with your guide.

**Day 09: Chhomrong(2210m/7250ft): 5hrs**

Climb up for an hour up to Ghandrukkot which is a good view point to view the mountains. Then we take right side way to reach Chuile village which is not steep down. If you take left side and then you have to walk steep down to Kimrong Khola and again steep climb up to Chhomorang. So we choose the easy way. Soon we cross the suspension bridge on Kimron Khola, then passes nice Gurung village . Towering above the village is the mighty peak of Annapurna South, with the Fishtail Mountain (Machhapuchhare) facing it across the valley. Chhomrong is a beautiful village located on the lap of giant Annapurna massive. Overnight in Chhomrong. Overnight at lodge.

**Day 10: Trek to Jhinuwa Hotspring and Rest Day: 1 hrs**

Today, we trek from Chhomorang to Jhinuwa Hotspring only short walk. Enjoy taking the hotspring and spend the days as rest day there. Overnight at lodge Jhinuwa.

**Day 11 : Trek to Landruk Village 1620m/ 4 hrs**

This is so interesting walk through the rice field and with gurung village, a typical gurung land. Still we have good views of Annapurna South, Himchuli and the Modi River and wonderful landscapes with farming fields. Overnight the lodge.

Day 13: Landruk to Pothana village 1900m/5hrs

Having the great views of huge mountains and walking through the beautiful villages Tolkha, and landscapes and hike and passes the forest till Deuroli. Then heading toward the Pokhara direction with fine views of Fishtail and many other peaks, farm fields. Finally you will get the Pothana a paradise place for everyone. Overnight at lodge.

Day 14 : Pothana to Pokhara 2/hrs

Walk down to the Phedi with rice fields then catch the vehicle to Pokhara City. Overnight at Hotel.

Day 15: Drive from Pokhara to Kathmandu: drive 6-7hrs. Overnight at Hotel.

Day 16: Kathmandu rest and tours .Overnight at Hotel.

Day 17: Fly Back to Home Country.

## Cost Details:

Please do contact us for good price by email.

Thank you.

## Cost Includes:

1. 4 night's hotel in Kathmandu with bed & breakfast
2. 3 Night's Hotel in Pokhara with Bed and Breakfast.
3. Guided sightseeing in Kathmandu and Pokhara valley
4. Trekking Permit TIMS, Bus Ticket to Pokhara.
5. Meal: All meal Breakfast, Lunch, dinner during the trek best available restaurant.
6. One experience trekking guide ,1 porter for 2 trekker (each member 13KG)
7. Annapurna Conservation permits Fees
8. Life, Medical Insurance for Guide & Porter
9. All accommodation during the trek best available hotel/guesthouses
10. Our service charge

## Cost Excludes:

1. Personal equipment for trekking
2. Personal Insurance for travel to Nepal
3. Lunch & dinner in Kathmandu and Pokhara
3. Emergency Rescue evacuation during the trek incase needed
4. Personal expenses
5. Tipping (Tips) for guide & porter
6. Bar bills, Beverage and mineral water during the trek.
7. The cost not mentioned in cost includes



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