



Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

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Nepal River Rafting



Nepal is favorite destination for rafting enthusiasts and experienced river guides who travel the world looking for the best rivers to run. The rivers of Nepal have their source in the high Himalaya where melting glaciers feed the ever flowing waters. Snow caped mountains, terraced hillsides, lush green valleys and delightful little villages form part of the landscapes as the boat floats down through narrow gorges and expansive valleys. People of many ethnic groups are encountered along the way, some of whom will gather in large groups to watch the rafts full of foreigners pass by their villages.

Asian Expedition pvt.Ltd manages all following river rafting of Nepal.

Best time to go Rafting in Nepal

The best time for rafting in Nepal are September to early December and march to Early June. October & Septemebr are the most popular times for rafting in Nepal due to warm water and long hot days.

Trip Itinerary:

Email:
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Kathmandu Nepal
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Nepal River Rafting:

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Trisuli River Rafting - 2 days

Day 1 Charaudi

Day 02 Kuringhat

Kali Gandaki - 3 Days

Day 01 Nayapul

Day 02 Modi Beni

Day 03 Purtighat-Mirmi

Marsyangdi River rafting - 3 days

Day 01 Ngadi

Day 02 Dam

Day 03 Paundi-Turture

Seti River Rafting -2 days

Day 01 Damauli- SaranGhat

Day 02 SaranGhat-GaiGhat

Botekoshi River rafting

One Day

Sunkoshi (Upper) river rafting

Day 01 Balefi Bazaar to Dolalghat

Sunkoshi (lower) River rafting - 8 night 9 days

Day 01 Dolalghat

Day 02 Khalte Chayenpur

Day 03 Likhu Khola

Day 04 Harkapur

Day 05 Rasuwaghat

Day 06 Jungle Corridor

Day 07 Big Dipper

Day 08 Tribeni Dovan

Day 09 Chatara

Tamur River rafting - 13 days

Day 1

Arrive Kathmandu, and time to explore this great city!

Not included: Breakfast, lunch and dinner

Day 2

We sample the best breakfast in town at Mike's Breakfast. Then a short scenic flight from Kathmandu to Biratnagar. After a filling lunch we drive to the bustling market town of Hile

and relax there for the night.

Included: Lunch and dinner

Day 3

Awake to the typical street sounds of a Nepalese market town and enjoy breakfast and then drive to Basantapur. We then begin a spectacular journey to the river through Rhododendron Forests.

Included: All meals

Days 4 – 6

After a hearty Breakfast each morning, our trek takes us over a 10,000ft pass above the sacred lake at Gopa Pokhara rewarding us with stunning views of Kachengunga, Makalu and the majestic Mount Everest. We descend through terraced rice paddies and mountain villages which lead us to the river.

Included: All meals

Day 7

After a comprehensive safety talk we put on the river and take on some of the most challenging whitewater in Nepal. This river is a whitewater delight with one rapid leading into the next. At camp that evening, enjoy chilling out with your sundowners, as stories are told (and exaggerated) of the day's rafting.

Included: All meals

Day 8

Steep canyon walls enclose the river and the rapids are powerful and continuous, many of which are unnamed, perhaps your chance for some fame. As the river opens up we pass by small fishing villages and watch wild monkeys on the river banks. Overnight camp on a beautiful white sandy beach.

Included: All meals

Day 9

Layover day, and a chance to do exactly what you want. Whether you choose to relax and read or join in on a spot of volleyball or swim, the choice is yours. And what a spectacular setting for it.

Included: All meals

Day 10

A relaxing day punctuated by some fun whitewater.

Included: All meals

Day 11

Some phenomenal whitewater action today as towering waves leap skyward, with seemingly endless rapids surging through steep canyon walls, to finally cascade into the Sun Kosi.

Included: All meals

Day 12

An early rise today with a floating breakfast as we watch the sun rise over the hills. We

leave the river at Chatara and fly back to Kathmandu. After settling in to your hotel you will enjoy an evening meal with all your fellow travelers in one of the city's many restaurants.

Included: Breakfast and Lunch

Day 13

After a leisurely breakfast we take you back to the airport for your flight home.

Included: No meals

Arun River- 5 Days

Day 01 Tumlingtar

Day 02 Savaiya Khola

Day 03 Megan Bensi

Day 04 Ranighat

Day 05 Chatara

Karnali thriller rafting - 11 days

Day 01 Kathmandu to Surkhet

Day 02 Tallo Dhungeshwor

Day 03 Sauli

Day 04 God's house

Day 05 Seti Down

Day 06 Jamuna Village

Day 07 Campsite

Day 08-09 Bheri Confluence

Day 10 Chisopani

Day 11 Back to Kathmandu

Cost Details:

Please Inquiry

Cost Includes:

Please Inquiry

Cost Excludes:

Cost inquiry

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