Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

Web:www.adventuremountains.com, Email:adventuremountains@gmail.com

Phone: +0977-1-4258373, +0977-9841379821

Nepal River Rafting



Nepal is favorite destination for rafting enthusiasts and experienced river guides who travel the world looking for the best rivers to run. The rivers of Nepal have their source in the high Himalaya where melting glaciers feed the ever flowing waters. Snow caped mountains, terraced hillsides, lush green valleys and delightful little villages form part of the landscapes as the boat floats down through narrow gorges and expansive valleys. People of many ethnic groups are encountered along the way, some of whom will gather in large groups to watch the rafts full of foreigners pass by their villages.

Asian Expedition pvt.Ltd manages all following river rafting of Nepal.

Best time to go Rafting in Nepal

The best time for rafting in Nepal are September to early December and march to Early June. October & Septemebr are the most popular times for rafting in Nepal due to warm water and long hot days.

Trip Itinerary:

Nepal River Rafting:

Asian Expedition pvt.Ltd manages all following river rafting of Nepal.

Trisuli River Rafting – 2 days
Day 1 Charaudi
Day 02 Kuringhat
Kali Gandaki - 3 Days
Day 01 Nayapul
Day 02 Modi Beni
Day 03 Purtighat-Mirmi
Marsyangdi River rafting - 3 days
Day 01 Ngadi
Day 02 Dam
Day 03 Paundi-Turture
Seti River Rafting -2 days
Day 01 Damauli- SaranGhat
Day 02 Saranghat-GaiGhat
Botekoshi River rafting
One Day
Sunkoshi (Upper) river rafting
Day 01 Balefi Bazaar to Dolalghat

Sunkoshi (lower) River rafting - 8 night 9 days

Day 01 Dolalghat
Day 02 Khalte Chayenpur
Day 03 Likhu Khola
Day 04 Harkapur
Day 05 Rasuwaghat
Day 06 Jungle Corridor
Day 07 Big Dipper
Day 08 Tribeni Dovan
Day 09 Chatara

Tamur River rafting - 13 days
Day 1
Arrive Kathmandu, and time to explore this great city!
Not included: Breakfast, lunch and dinner
Day 2
We sample the best breakfast in town at Mike’s Breakfast. Then a short scenic flight from Kathmandu to Biratnagar. After a filling lunch we drive to the bustling market town of Hile

and relax there for the night.
Included: Lunch and dinner
Day 3
Awake to the typical street sounds of a Nepalese market town and enjoy breakfast and then drive to Basantapur. We then begin a spectacular journey to the river through Rhododendron Forests.
Included: All meals
Days 4 – 6
After a hearty Breakfast each morning, our trek takes us over a 10,000ft pass above the sacred lake at Gopa Pokhara rewarding us with stunning views of Kachengunga, Makalu and the majestic Mount Everest. We descend through terraced rice paddies and mountain villages which lead us to the river.
Included: All meals
Day 7
After a comprehensive safety talk we put on the river and take on some of the most challenging whitewater in Nepal. This river is a whitewater delight with one rapid leading into the next. At camp that evening, enjoy chilling out with your sundowners, as stories are told (and exaggerated) of the day's rafting.
Included: All meals
Day 8
Steep canyon walls enclose the river and the rapids are powerful and continuous, many of which are unnamed, perhaps your chance for some fame. As the river opens up we pass by small fishing villages and watch wild monkeys on the river banks. Overnight camp on a beautiful white sandy beach.
Included: All meals
Day 9
Layover day, and a chance to do exactly what you want. Whether you choose to relax and read or join in on a spot of volleyball or swim, the choice is yours. And what a spectacular setting for it.
Included: All meals
Day 10
A relaxing day punctuated by some fun whitewater.
Included: All meals
Day 11
Some phenomenal whitewater action today as towering waves leap skyward, with seemingly endless rapids surging through steep canyon walls, to finally cascade into the Sun Kosi.
Included: All meals
Day 12
An early rise today with a floating breakfast as we watch the sun rise over the hills. We

leave the river at Chatara and fly back to Kathmandu. After settling in to your hotel you will enjoy an evening meal with all your fellow travelers in one of the city's many restaurants.
Included: Breakfast and Lunch
Day 13
After a leisurely breakfast we take you back to the airport for your flight home.
Included: No meals

Arun River- 5 Dyas
Day 01 Tumlingtar
Day 02 Savaiya Khola
Day 03 Megan Bensi
Day 04 Ranighat
Day 05 Chatara

Karnali thriller rafting - 11 days
Day 01Kathmandu to Surkhet
Day 02Tallo Dhungeshwor
Day 03 Sauli
Day 04 God's house
Day 05 Seti Down
Day 06 Jamuna Village
Day 07 Campsite
Day 08-09 Bheri Confluence
Day 10 Chisopani
Day 11 Back to Kathmandu

Cost Details:

Please Inquiry

Cost Includes:

Please Inquiry

Cost Excludes:

Cost inquiry

.....



Asian Expedition Pvt. Ltd.

G. Post box No: 20377
Thamel Kathmandu Nepal
Phone:+0977-1-4258373, +0977-9841379821
Emai:adventuremountains@gmail.com, info@adventuremountains.com
web:www.adventuremountains.com