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Nepal Makalu Trekking



This is an adventure trek with pure local culture of Nepal that you can test in Makalu trekking. The superb views of mt. Makalu including mountains Kanchenjungha , Everest and many more peaks make you excited daily. Walking & crossing through the Barun valley and liked snake bend Arun river give you an interesting feelings and high waterfalls cascade into deep gorges, craggy rocks rise from lush green forests, and colorful flowers bloom beneath white snow peaks.

We walk through the refreshing beautiful shade of the rhododendron and oaks forest, then leaving the dense forest coming to a summer pastures with traces of temporary made shepherd huts.A good phisical fitness & trekking equipment that is neccessary for the trekkers.Come and enjoy the trek !

Trip Itinerary:

Nepal Makalu Trekking:

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Day 01:Arrival in Kathmandu-Transfer to Hotel

Welcome at Airport and transfer to hotel in Kathmandu, rest at the hotel and briefing about the trip. Overnight accommodation is set with BB Plan.

Day 02:Kathmandu Sightseeing and Trek Preparation

Today after breakfast we will start a guided tour to several of the most historical and spiritual attractions in Kathmandu. Some of these landmarks are considered World Heritage Sites; including the historic Hanuman Dhoka Durbar Square, the sacred Hindu temple of Pashupatinath, the famous 'Monkey Temple' (Swoyambhunath) and Buddhists shrine Bouddhanath the large Stupa within the world. The overnight accommodation is in the same hotel BB Plan.

Day 03: Fly to Tumlingtar (518m), Trek to Khadbari (1025m)

This is the beginning day of your trek. In the morning you'll be transferred to domestic airport fly to Tumlingtar observing range of snow capped peaks from Ganesh Himal to Mt. Everest, Makalu and Mt. Kanchenjunga. We will arrive at Tumlingtar after 40 munities scenic flight. Then we start our adventurous journey with our crew heading upward through the Kumal village to the Khadbari in the midst of the sub-tropical forest of Sal tree (Sorea-Robusta) and more farm fields along the way, as we come to a town of Khadbari a major town of the Makalu region and from Khadbari with up and down walk lead to the camp at Mani Bhanjyang. Rest of the day we explore the town and overnight attended camp or Hotel.

Day 04: Trek from Khadbari to Chichila (1,800m)

After breakfast, we start our adventure with few flat then ascending to the ridge on a wide and well-used trail, reaching our lunch stop at Bhotebas. Then the trail goes to through fertile land and forested path brings you to the top of the small ridge at Chichila village for the overnight at tent. Where is settled few local houses with superb scenic mountains of Mt. Makalu and Kumbakarna range.

Day 05:Trek from Chichile to Num (1,500m)

Totay our journey leads us through the cool and serene forest of rhododendron, oaks and hemlocks as we climb to the top of the ridge. Then it is almost downhill for two hours to the Num- is a small village with about fifteen houses and a primary school on the large flat ground, where we have good view of our route for the next couple of days from our camp site.

Day 06: Trek Num to Seduwa (1,493m)

At first, we extremely steep head down and terraced slopes towards the Arun River, nearly 800 meters below. The lower slopes of this narrow valley are densely forested and

the paths are quite slippery, after reaching the bottom we cross the suspension bridge across the torrential Arun River. Then we climb back out of the rain forest, reaching our lunch place and further steep climb takes us up to Seduwa a village with a small health post and a primary school. Our camp will set nearby.

Day 07: Trek Seduwa to Tashi Gaun (2,200m)

After breakfast, we have pleasant easy short walk about 3-4 hours takes you to country side farm villages, again it is gradual trail and an uphill climb for an hour through the millet and rice fields takes you the to the Tashi Gaun. We'll overnight at camp and rest of the time walk around the village.

Day 08: Trek Tashi Gaun to Kahuma Danda (3,500m)

Today, we leave the human settlement for our destination. After Tashi Gaun we walk through the refreshing beautiful shade of the rhododendron and oaks forest, then leaving the dense forest coming to a summer pastures with traces of temporary made shepherd huts. From here onwards to Kahuma ridge is strenuous uphill climb, where tree lines also declines for the bushes of rhododendron and juniper. We'll stay overnight at tented camp with scenic mountain ranges during the moon light.

Day 09: Trek Kahuma Danda to Mumbuk (3,400m)

This is superb view of snow capped mountains and the surrounding landscapes. Our trek follows a gradual trail with few ups and down pass through the Thulo Pokhari (big pond) and Sano Pokhari (small pond). In the heavy snow fall, the path from here can be quite misleading and it will be difficult to find the trail sometime. We walk further cross the pass of Keke La pass (4230m) Tutu-la (4,200m) where there is a chorten. Then we walk all downhill back to vegetation, a small clearing place for camping in the middle of the woods of pines, hemlock, birch and rhododendrons to reach at Mumbuk for the overnight.

Day 10 : Trek Mumbuk to Nehe Kharka (3,750m)

The day begins with a sharp descent down a wooden narrow valley and continues on to cross the Barun Khola just beyond Tamatan Kharka take about 6-7 hours. Then the trial goes unclear along much of the route. It can also be slippery with numerous and rock falls often, so you have to walk carefully. After this you follow the Barn Khola along its northern bank. Trial goes through the seasonal settlement of Yangri Kharka and a little ahead is the Nehe Kharka for overnight stay.

Day 11: Trek from Nehe Kharka to Sherson (4,600m)

Today, our trek begins crossing the wooden bridge on the Barun River and walk on the boulders, where a large prayer wall is can be seen. After 2-3 hours walk the vegetation gets thin, although the rhododendron, barberries, cotoneaster and juniper bushes keep on for some time. With a pleasant walk we get nearer to Sherson, where we have sight of the lower Barun glacier and the towering majestic Mt. Makalu. This is also the lower base camp of Mt. Makalu. There are number of stone enclosures at this high grazing ground with outstanding view of host of peaks, including the upper part of Makalu south face, and

Mt. Baruntse (7,220m) and at Sherson we make camp for the night.

Day 12:Free day at Sherson for a day excursion
This is rest day; you have full day rest at the camp or visit around some interesting hike and view points to explore. The most scenic walk would be taking a hike on the right side of the camp above for the closer view of Mt. Makalu, Barun Pokhari and the view of the rare face of Everest the Kanshung face with Lhotse. A one hour steep up brings you to the large meadow you can walk farther up to have a greater view of the mentioned peaks and more other peaks of this area and beyond. After exploring that stroll back to the camp.
Day 13: Trek Sherson to Yangri Kharka (3,645m)
After a wonderful exploration in the surrounding valley, we trek back to end of the Barun valley named Yak Kharka about 6 or 7 hours for the overnight camp.
Day 14: Trek from Yangri Kharka to Mumbuk (3,400m)
After breakfast, we continuing journey trek back about 5-6 hours to Mumbuk, after leaving the Barun Valley it is all uphill to the overnight camp in the midst of the alpine forest at Mumbuk and enjoy the day stroll back from trek.
Day 15: Trek from Mumbuk to Kahuma Danda (3,500m)
We retrace the journey about 5-6 hours back to Kahuma Danda (ridge) via Shipton-la and Thulo Pokhari for the overnight camp. Enjoy the scenic picturesque spot and evening rest at the camp.
Day 16: Trek from Kahuma Danda to Navagaun (2,500m) via Tashi Gaun
Today, we trek back to Tashi Gaun and continue walk towards Navagaun on the upper trail for another 2/3 hours through the cool shade of the forest after leaving the forest area, coming towards the farm terraces and eventually to the village of Navagaun, another Sherpa village which is much larger than Tashi Gaun, situated right above the Seduwa village.
Day 17:Trek from Navagaun to Num via Seduwa
After breakfast, we fallow downhill track through the farm fields for an hour or two to Seduwa village. From Seduwa retrace the journey to Num, with 2-3 hours downhill and after the bridge another 2/3 hours brings you back to Num for the overnight camp. Enjoy the walk during the re-track to Num village.
Day 18: Trek from Num to Chichile (1,800m)
Today, we trek back to Chichile, the first 2/3 hours is all uphill and reach at the top of ridge, from here onwards it is almost downhill all the way to the overnight camp at Chichile. Enjoy exploring the village.
Day 19: Trek from Chichile to Khadbari
This is pleasant walk through this route back to Khadbari about 5-6 hours, the forest, farm lands and small villages passing and further walk to gradual path, leading you to the large village town of Khadbari, where nearby we'll overnight stop at our camp.
Day 20: Trek from Khadbari to Tumlingtar (400m)

This is our last day walk leads an easy 3/4 hours downhill walk brings you back to Tumlingtar for lunch and the last overnight camp of this great memorable adventure journey and this will be your last night with the trekking staffs and porters as well. We celebrate evening after completion of the long trek and overnight at camp.

Day 21: Fly from Tumlingtar to Kathmandu

We fly to Kathmandu via Biratnagar or direct flight depends on the flight schedule and season. We will come to Kathmandu and transfer to hotel and remaining time simply rest and relax at the hotel.

Day 22: Rest and Farewell Dinner in Kathmandu

Today is day of ending your journey, so we would like offer you farewell dinner in Nepali typical Restaurant .

Day 23: Final Departure to your port of Destination

Today is free or last minute shopping for souvenirs or gift to your family, friends or relatives for you until departure flight/drive. Our assist will be transfer to the International Airport for your departure flight to your onwards destination. Happy fly back to home destination.

Please click view *Makalu Trekking images.*Thank you.

Cost Details:

Price start from: (minimum 4 person)

Full Camping servic: $ 3840 per person

Cost Includes:

Airport / Hotel / Airport pick up & drop by private tourist vehicle.

Twin sharing accommodation in Kathmandu; Breakfast included. (4 nights)

Guided city tour in Kathmandu by private tourist vehicle.

All your standard Meals prepared by our expert camping cook and kitchen team during the trek (Breakfasts, Lunches and Dinners).

Tented accommodation and equipment during the camping trek. (We will provide two man tents, dinning tents, kitchen gear,)

English speaking guide .

The required number of local staff, porters and Yaks or Jhopkey (Strong Animal similar to Yak) to carry your luggage during the trek.

Food, accommodation, salary, insurance, equipment and medicine for all staff.

Special restricted Trekking Makalu Permit fee and Barun National Park entry permits fee. all local fees.

Flight fare from Kathmandu- Tumlingtar and Tumlingtar – Kathmandu including airport departure taxes.

2Nepali (guide, cook) flights for all .

Surface transfer from and to Kathmandu.

All our government taxes, vat, tourist service charges.

Cost Excludes:

Lunch and dinner whilst in Kathmandu.
Travel insurance which covers emergency Rescue and Evacuation.
International airfare
Nepal entry visa; you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu. (Tourist Visa with Multiple Entries for 30 days can be obtained by paying US $ 40 or equivalent foreign currency. Similarly, Tourist Visa with Multiple Entries for 90 days can be obtained by paying US $ 100. Please bring 2 copies of passport size photos).
Alcoholic and cold drinks.
Personal trekking Equipment
Tips for trekking staff (Tipping is expected).
Any others expenses which are not mentioned on 'Price Includes' section.

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