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Mera Peak(6476m) Climbing



Mera Peak is the highly favorite 6000 over meters peak in Nepal. It is recognized as the technically "easy" in the heart of a magnificent glacier region, much less crowded than other Peak in Everest region. This peak itself rises to the south of Everest. And marked the peak is among the highest of Nepal's official “trekking peaks".There are standing Mera north(6476m), Mera Central(6461m) and Mera South (6064m) peaks. The ascent of the peak is technically straight forward; however, the heavy snow and the maze of crevasses can make the way longer to the summit. The normal route for climbing Mera Peak is North Face Glacier from the Mera La. Mera peak base camp can be set up at 5,300m on the Hongu side in the moraine below the ice. Mera peak high camp is set at 5,800m near a rocky outcrop on the Mera Glacier. The high camp proves to be one to the spectacular viewpoints in Nepal offering the panoramic views of Kanchanjunga, Chamlang, Makalu and Baruntse sweeping around from the east and Amadablam, Cho Oyu and Kangtega to the

west. The giant faces of Everest, Lhotse and Nuptse are appear in the north. Our team has good knowledge of climbing Mera and the most of time we have successful summit recorded.

Trip Itinerary:

Mera Peak(6476m) Climbing:

Day 1: Arrive at Kathmandu airport, and transfer to Hotel . Join the welcome dinner.

Day 2: Sightseeing of Kathmandu Valley: Kathmandu, being a historical and cultural heart of Nepal, is a popular destination for tourists, trekkers, and adventure seekers. The city presents a wonderful mixture of Hinduism, Tibetan Buddhism, and Western influence in the Valley. There will be a half-day guided tour to the famous & biggest Hindu shrine Pashupatinath, the largest Buddhist stupa in town Boudhhanath, and Syambhunath. In the evening, a trip orientation meeting will be organized. Overnight at Hotel.[BB]

Day 3: Flight to Lukla [2850m]
We take an early morning flight to Lukla. During the flight, we can bask in the mesmerizing views of giant snow-capped mountain peaks. We will be spending for the night outside one of the many lodges.[BLD]



Day 4 Trek to Chutanga [3050m]

On arriving at Lukla, we meet the trekking crew. We then head eastwards from Lukla. The trail crisscrosses through pristine hamlets and thick forests along Kalo Himal Ridge. We must stay aligned with our specific route. Otherwise, we may deviate from the target destination. At the time of winter, snow makes us transverse steep terrain. But during favorable climatic conditions, the trail is usually straightforward. After 3-4 hours of trekking, we enter Chutanga. Overnight at Lodge.[BLD]

Day 5 Rest at Chutanga

We spend one more memorable night at Chutanga. This gives us sufficient time for acclimatization prior to confronting Zatrwa La. We can indulge in the leisurely trek to a small 4000m peak below the Zatrwa Teng Pass. Excellent views unveil as we glimpse over the valley of the Dudh Kosi and the picturesque trail zigzagging towards Zatrwa La. After exploring, we descend back to our camp at Chutanga and succumb to complete relaxation. Overnight at Lodge.[BLD]

Day 6 Trek to Tuli kharka / Zatra la [4300m]

The trail crosses the Kalo Himal Ridge which separates the Khumbu from the Hinku Valley. Further ahead, we transverse a comfortable path showcasing a cairned notch on the ridge with a collection of prayer flags at an elevation of 4450m. En route, we may encounter yak herders. The views across the Dudh Kosi towards Karyolung and the Lumding Himal are very impressive and so is the view across the rolling foothills east of the Hinku Valley. Half an hour below the pass is a huge boulder that marks our campsite, Tuli Kharka. 6 to 7 hours of trekking finally take us to Tuli Kharka.Overnight at Lodge.[BLD]



Day 7 Trek to Mosum kharka [3700m]

The trail descends the rock-strewn path leading to a fine vantage point of the Hinku valley where mesmerizing views of the south face of Mera Peak become visible. The trail zigzags through forested areas and then descends steeply into the Hinku valley. The enchanting panorama of Peak 43 and Kusum Kangguru unfolds as we bask in the splendor of nature surrounding us from the Hinku Valley. We experience the most exotic and delightful feelings as we walk past forests of pine and rhododendron. Soon after reaching Mosum

Kharka, we set up a campsite by the banks of Hinku Drangka river. Overnight at Lodge.[BLD]



Day 8 Trek to Thangnag [4350m]

As we head to the west bank of the Hinku Khola northwards, the forest blurs in and the valley zooms out. We spot meadows being used as grazing areas for goats, sheep, and

yaks in the Upper Hinku. After several ascents for 4-6 hours, we approach the summer settlement of Tangnag as we cross a single-plank bridge at Gondishung. We halt for lunch at this spot. Lying in its vicinity is a 200-year-old gompa resting beneath a massive boulder and a number of crude mani walls. The trail offers an outstanding view of Peak 43. Overnight at Lodge.[BLD]

Day 9 : Rest & acclimatize Thangnag

We utilize two days to get completely acclimatized. After proper rest, we can explore other adventure possibilities like strolling by Sabal Tsho, a beautiful moraine-dammed lake that is hidden behind the Sabal Glacier, and climbing a peak up to an altitude of nearly 5000m. We can also explore Hinku Nup Glacier which leads north toward Kangtaiga. The upper Hinku valley turns to the east at Thangnag, crossing the moraine of the Dig Glaciers. Overnight at Lodge.[BLD]

Day 10: Trek to Khare [5000m]

As we walk away from Tangnag, the trail ascends to a wide grassy basin, popularly called Dig Kharka. We continue walking for hours. After a while, we arrive at Khare. There are many campsites/ lodges/ hotels at Khare and the most popular one is at the upper end of Khare lying beneath a group of boulders. This place offers splendid vistas of the huge north face of Mera, Hinku Shar Glacier, and Mera La. We overnight at Lodge at Khahare [BLD]



Day 11 : Basic Training and Final preparation for Climbing

Today's basic Training near in Khare After having breakfast in the morning, we prepare ourselves for ice climbing. And this ice climbing is just above the Khare. We have to walk a couple of hours from this point and you will come to see beautiful views of Mera La on the trail. We spend a few hours practicing rock climbing here. Our team leader will instruct you about climbing. We stroll back to the campsite/Lodge after a few hours of practice. We pack our mountain bags and equipment here for the final preparation. We stay overnight

at Khare Lodge.[BLD]

Day 12: Khahare - Mera High Camp(5800m)

We set up for the High camp after breakfast. Walking and crossing on Zigzag paths, passing many boulders, slippery way and soon we get the snow line. Climbing at Mera high camp could be risky if you witness the fresh snow for there are many crevasses. Then, you come near to the top of the rock band and it is marked by the large cairn. We set up our high camp there from where you can observe outstanding views of the world-famous peaks such as Everest, Makalu, Cho Oyu. We stay overnight at Mera high camp in Tents. [BLD]



Day 13: The ascent [6476m]-The summit of Mera Peak

Early in the morning at around 2 am after breakfast, we advance towards the summit. By sunrise, we can reach up to 6000m. With Incessant attempts, we finally scale the summit. From the Mera Peak summit (Video), we can embrace the most spectacular view of at least five of the world's fourteen 8000m peaks including mt. Everest. Most of this spectacular panorama can be seen from the site of the high camp and all of it is visible from 6000m. After the climb, we descend to the campsite on the Hongu side of the pass

and same day continue to descend to Khahare. Overnight at Lodge.[BLD]



Day 14: Spare day for climbing in case of bad weather.[BLD]

Day 15: Return trek to Mousum Kharka.Overnight at Lodge.[BLD]

Day 16: Trek to Tuli Kharka (Zatra La).Overnight at Lodge.[BLD]

Day 17 : Trek to Lukla.Overnight at Lodge.[BLD]

Day 18: Flight to Kathmandu: From Lukla, we take an early morning flight to Kathmandu. Sightseeing tour to Patan city.Overnight at Hotel[BB]

Day 19:Transfer to the Airport by private car. Fly back to your home country.

B= Breakfast, L= Lunch and D= Dinner, BB= Bed and Breakfast
Please Click and Have a look at the Photos/images of Mera Peak Climbing

Cost Details:

Price start from: $ 2550 per person (up to 4 person)

Price: $2450 per person (5 above persons)

Cost Includes:

1. 3 night's hotel in Kathmandu with bed & breakfast
2. Flights from Kathmandu-Lukla-Kathmandu round trip
3. Guided sightseeing in Kathmandu valley
4. Trekking Permit, Mera Peak Permits
5. Meal: All meal Breakfast, Lunch, dinner during the trek
6. One experience climbing Sherpa,trekking guide 1 porter for 2 trekker
7. Climbing Main rope, fixed rope, foods,Tents for High camps
8. Life, Medical Insurance for Guide & Porter
9. Sagarmatha and Makalu Barun National park permit
10. All accommodation during the trek best available hotel/guesthouses

11.Our service charge

Cost Excludes:

1. Personal equipment for Trekking & Climbing
2. Personal Insurance for travel to Nepal
3. Lunch & dinner in Kathmandu
4. Emergency Rescue evacuation during the trek in case needed
5. Personal expenses
6. Tipping (Tips) for guide & porter
7. Bar bills, Beverage and mineral water during the trek.
8. The cost not mentioned in cost includes.

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