



# Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

Web: [www.adventuremountains.com](http://www.adventuremountains.com), Email: [adventuremountains@gmail.com](mailto:adventuremountains@gmail.com)

Phone: +0977-1-4258373, +0977-9841379821

## Manaslu(8163m) Expedition



Manaslu(8163m) is the 8th highest peak in the world and is located in Nepal. The name Manaslu means "The Spirit-Mountain" in the local dialect, referring to the benevolent and strong deity, which dwells within. Tilmanishi & G. Norbu first climbed it in 1956. Many consider the three peaks of Manaslu as Japanese peaks as they were the first to reach their summit in 1956. There exist half a dozen different routes on Manaslu today. The south face of this "mountain of intellect" is arguably the toughest in climbing history. We have been successfully operating expeditions every season with great work. Now it's your turn, together we can do it.

### Trip Itinerary:

#### Manaslu(8163m) Expedition:

- MANASLU EXPEDITION CLIMBING PERIODS:
- 01 September – 10 October | Autumn Season Program in 2026
- 09 April – 27 May | Spring Season Program in 2027

Email:  
[adventuremountains@gmail.com](mailto:adventuremountains@gmail.com)  
[info@adventuremountains.com](mailto:info@adventuremountains.com)

Asian Expedition Pvt. Ltd.  
G. Post box No: 20377 Thamel  
Kathmandu Nepal  
[web:www.adventuremountains.com](http://web:www.adventuremountains.com)

Phone:  
+0977-1-4258373  
+0977-9841379821

Day 01 Arrival in Kathmandu and transfer to hotel

Day 02 Document apply for Manaslu Expedition

Day 03 Preparation for expedition in Kathmandu

Day 04 Trek Kathmandu to Aurgat

Day 05 Trek Aurgat to Soti Khola

Day 06 Trek Soti Khola to Machha Khola

Day 07 Trek Machha Khola to Jagat

Day 08 Trek Jagat to Nyak

Day 09 Trek Nyak to Namru

Day 10 Trek Namru to Sama Gaon

Day 11 Rest day at Sama Gaon for acclimatization

Day 12 Trek Sama Gaon to Base Camp

Day 13 Trek Base camp to Manaslu High Camp

Day 14-35 Climbing Period of Manaslu Expedition (8163m)

Day 36 Trek Manaslu Base Camp to Sama Gaon

Day 37 Trek Sama Gaon to Namru

Day 38 Trek Namru to Nyak

Day 39 Trek Nyak to Jagat

Day 40 Trek Jagat to Machhi Khola

Day 41 Trek Machhi Khola to Soti Khola

Day 42 Trek Soti Khola to Arughat Bazaar

Day 43 Drive from Arughat to Kathmandu

Day 44 Rest Day at Kathmandu

Day 45 Departure to your next destination

## Cost Details:

For Manaslu Full board Expedition Cost: \$17000 per person.

Please get to contact us for the best prices.

## Cost Includes:

- Fully supported and guided expedition to Manaslu
- 1:1 Sherpa to client ratio on summit day
- 4 bottled oxygen with the use of the latest mask and regulator
- Nepalese government royalty fees for Manaslu.
- All expedition organizational requirements
- Service of the base camp manager and climbing sirdars
- Satellite communication system at base camp but nominal charge for use
- Radio set for communication between camps
- Meals at base camp and higher camps during expedition
- Meals and accommodation during the trekking period
- Personal tents at BC, high tents, kitchen tents, dining tents, shower tents, toilet tents, store tents, cooking utensils and more for your comfort
  - 5 nights' accommodation at International Guest House with breakfast in a deluxe room
- Staff's wages, allowances with their insurance
- Common climbing equipment
- Porterage of climbing equipment
- Liaison officer daily wages and fees
- Applicable national park fees and local taxes
- 2 waterproof duffel bags

## Cost Excludes:

- PERSONAL equipment for trekking & climbing
- Personal Life & medical Insurance
- Emergency Rescue evacuation by helicopter in case needed

- International airfare
- Meals in Kathmandu
- Custom for bringing any expedition goods
- Nepal entry visa fees
- Personal clothing and equipment
- Insurance (Mandatory)
- Summit bonus for your Sherpa (USD 1200 minimum)
- Gratuities for staff
- Personal expenses



## Asian Expedition Pvt. Ltd.

G. Post box No: 20377

Thamel Kathmandu Nepal

Phone: +0977-1-4258373, +0977-9841379821

Email: [adventuremountains@gmail.com](mailto:adventuremountains@gmail.com), [info@adventuremountains.com](mailto:info@adventuremountains.com)

web: [www.adventuremountains.com](http://www.adventuremountains.com)