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Kangla Mesokanto Pass Trek



A nomadic and adventure trek brings you into the deep ancient trading valleys, rivers, rocky trails, forest walking with sun valleys, giant 2 passes of Kangla pass 5322m and Mesokanto pass 5200 meter , having the fantastic beautifully views of Annapurna and Dhaulagiri mountains ranges. There you can see amazing Tilicho Lake which is world highest lake at 4919m above the sea level.

Trip Itinerary:

Kangla Mesokanto Pass Trek:

Day 1: Arrival in Kathmandu

Arrival in Kathmandu Tribhuvan International Airport and you will be transfer to Hotel. Stay overnight at Hotel.

Day 2: Sightseeing Tour in Kathmandu Valley.

Today a major UNESCO Heritage sties tour will be organized. Tour to PashupatinathTemple, Bouddhanath and Kathmandu Darbur square by highly professional

guide.

Day 3: Kathmandu to Jagat 1300m (8/9 hours)

In the morning, drive from Kathmandu to Jagat by land cruiser passing the Trisuli and Marsyangdi River. You can see three snow peaks, Lamjung Himal, Peak 29 and Manaslu during the trail. Overnight in Lodge.

Day 4: Jagat to Dharapani 1860m (5/6 hours)

You start your trek in the morning after breakfast, the trail goes gradually uphill to Chamje and you cross another suspension bridge and follow the steep rocky trail until reaching Tal village which takes 3 and half hours. You can see again very beautiful waterfalls in Tal. You have lunch break here. Then you continue again on a rocky trail to Kotro, which takes about 2 hours. You continue straight and cross the suspension bridge near Lower Dharapani. You continue a little more climbing and arrive in Higher Dharapani. Overnight in Lodge.

Day 5: Dharapani to Koto 2600m (5/6 hours)

You begin your trek in the morning towards Bagarchhap which takes about 1 hour passing through pine and fir forests. You can visit the white washed monastery in this village. Then you continue your trek till Danaque it takes about 1 hour. The trail is ascending steeply until Timang which takes about 1 and half hour. You have a good view of Mt. Manaslu and Peak 29. Now your trail continues through pine forests again till Latamarang which takes about 1 and half hour. You have lunch break here. After lunch, you walk again through forests and you have a short glimpse of Annapurna II. Finally you arrive in Koto village after 1 and half hours walk. Overnight in Lodge.

Day 6: Koto to Meta 3570m (6/7 hours)

In the morning, you register your restricted area permit at the Police check post. Then you start your trek through the River bank of Suti Khola again through wonderful pine forests passing many streams and suspension bridges until reaching Dharmasala which takes about 5 hours. You can see a picturesque Waterfall near the Dharmasala. You have your packed lunch on the way. Then you continue your trek again through forests and ascend steeply till Meta Village, which takes about 1 and half hour. Now you have arrived on the Tibetan Plateau. You have very good view of Annapurna II and Lamjung Himal. Overnight in Lodge.

Day 7: Meta to Kyang 3840m (4/5 hours)

Today, you start with up and down as well as on traversing suspension bridges over different streams. Again packed lunch at Kyang which takes about 4 hours. Actually you do not find any houses and lodges in this area. You just see the remnants, particularly the ruined forts of the Khampa settlement (the place which Khampa refugees from Tibet once captured and lived illegally) at places like Jhunam, Chyakhu and Kyang. We pitch our tents and prepare dinner as well. Overnight in Tent.

Day 8: Kyang to Phu/Phoo village 3900m (3/4 hours)

In the morning, we prepare our breakfast then you keep walking passing the Phu Khola on a rocky trail until Phu village which takes about 3 hours. You can see Blue Sheeps during the trail. Now you are in one of the unique Lost/ Hidden Valleys. You can see their cultures, natural diversity, and religion of the ethnic groups like Lama, Gurung and Ghale. The people are depending on subsistence agricultures, animal breeding and seasonal migrations. The very old Buddhist Monastery known as Tashi Lakhang Monastery is listed out of the 108 world's great Buddhist Monasteries; it is believed to be the last monastery constructed by Karmapa Rinpoche. You have a great view of Himlung Himal and other snow peaks. Overnight in Lodge.

Day 9: Phoo to Naar 4100m (6/7 hours)

Today, the trail descends, passing many streams and suspension bridges until Mahendra Pul which takes about 4 hours. You pass the high suspension bridge 80m over the Gorge of Lapche River. You have lunch in Mahendra Pul. After lunch, the trail steeply ascends passing many Buddhist stupas until Naar Village which takes about 2 hours. You find here many Buddhist Monasteries to visit as well as a very good view of Pisang Peak and other small peaks. Overnight in Lodge.

Day 10: Naar to Jhombu Kharka 4425m (2/3 hours)

Today you have only a short walk. So that, you can leave this village just after lunch. You trek till to Jhombu Kharka also known as Kang-La Phedi. It takes 3 hours. You can see Yak herder's camp with many Yaks. Today, we also pitch the Tent again for one night. We prepare our dinner. Overnight in Tent.

Day 11: Jhombu Kharka to Kang-La 5322m to Braga 3360m (6/7 hours)

Early in the morning, the trail steeply ascends passing different landslide areas to Kang-La Pass which takes about 2 and half hour. Now you have a superb view of the Annapurna Range and other peaks. Then you descend steeply till Ngawal village which takes about 3 hours. You have lunch break here. Then after lunch, you continue your trek passing the Marsyangdi River until Braga village. It takes about 1 and half hour walk. You can visit the old monastery. Overnight in Lodge.

Day 12: Trek to Khansar /Siri kharka 3750-4060m(4/5hrs) :

We start our trekking by leaving the main route of Annapurna Circuit, we take the left route from Manang by Crossing a Bridge once the Marshyanndi Khola and follow Another Stream coming from Tilicho, about 4 hours walking we reach at Khansar and then hike to Sirikharka Overnight at Lodge.

Day 13: Tilicho BC to Tilicho Lake 4920m (3/4 hours)

Today, the trail steeply ascends and brings you to Tilicho Lake which takes about 3 hours. You take a packed lunch from your Lodge. Then again, we pitch our Tent for one night. You have a great view of Lake and Mountains as well. Overnight in Tent.

Day 14: Tilicho Lake to Mesokanto-La 5200m to Dharmashala 4230m (6/7 hours)

In this day you are passing another high elevation. You start early in the morning and the rocky ascent trail brings to reach Mesokanto-La which takes about 2 and half hour. Then you continue steep and difficult rocky descent with great viewing of Mt. Dhaulagiri which takes about 3 and half hour. You have your packed lunch or dry foods on the way. We pitch our Tent again for one night. Overnight in Tent.

Day 15: Dharmashala to Jomsom 2710m (4/5 hours)

Your trail slightly descend passing a Goat farm until reaching Thini Gaon which takes about 4 hours. The Jomsom village is 30 minutes ahead of you. You stay for lunch and the night here. You are free to relax or explore the village in the afternoon. Overnight in Lodge.

Day 16: Jomsom to Pokhara by flight and sightseeing in Pokhara valley

Early in the morning, you fly back to Pokhara and transfer to the Hotel. You can do another sightseeing with your guide in Pokhara. Overnight in Hotel.

Day 17: Pokhara to Kathmandu by tourist bus (6/7 hours)

Early in the morning, drive from the Pokhara to Kathmandu by AC tourist bus it takes around 7 hours to arrive in Kathmandu and transfer to your hotel.

Day 18: Guided Sightseeing Tour in Bhaktapur and Patan Durbar square

After breakfast, we are going to visit two historical monuments which represent early and late medieval history, architecture, culture and religion. Bhaktapur Durbar square is an ancient newari city, 13 kilometers far from Kathmandu stores numbers of Hindu temples, 55 windowed medieval durbar and offers you various examples of metal smith and wooden craft along with the opportunity of exploring traditional pottery work to the another corner. Patan durbar square is equally important which represents late medieval history, Culture and architecture. Stay overnight at Hotel in Kathmandu.

Day 19: Final Departure from Kathmandu

Final departure to Airport, having immense experiences of Nepal Himalaya.

Cost Details:

Please do kindly contact us by email or direct call for your good price.

Thank you.

Cost Includes:

- 4 night Hotel in Kathamndu
- 1 night hotel in Pokhara
- Jomsom-Pokhara Flight
- 4 night sleep in tents/camping and 10 night in lodge/hotel during the trek
- 18xBreakfast/14xLunch/14xDinner during the trek period/total service
- Kathmandu-Jagat bus/Jeep
- Pokhara-Kathmandu Tourist bus

- Trekking Permits/TIMs/ NaarPhu Special Permit
- Annapurna Conservation Permits
- 1 guide and the required Porters
- All land transportation /Pick-up/drop service
- Trekking Map for each clients
- Local tax Payment/Tax/Vat
- Insurances of Guide and Staff/Porters
- Full Salary Guide/Porters
- 2 Clients: 1 Porter :15-20 Kg bag max
- Tents/ Kitchen utensil /camping foods

Cost Excludes:

- Any Personal expenses during the trek
- Any cold drinks/Alcohols/ mineral water/hot water
- Satellite phone if necessary
- Any recues service
- Tips/gratitude for guide/Porters
- Lunch/Dinner in Kathmandu
- Battery Charges

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