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Kanchenjunga Trekking



The Kanchenjunga Base Camp trek in far eastern Nepal is an adventurous journey marked by wilderness and remoteness. It offers breathtaking views of mountains and forests, along with some of the friendliest locals, enhancing the trekking experience. The trek involves challenges such as crossing high passes like Selele, Mirgin La, and Senion Lapche, with diverse and beautiful landscapes contributing to its uniqueness.

Trekkers can immerse themselves in the intact cultures of the Limbu, Rai, Sherpa, and Tamang communities, as well as Brahmin Hindu culture, providing a harmonious and spiritually enriching experience. Staying in traditional thatched-roof houses, constructed from bamboo, wood, stones, and mud, offers a unique feeling of local life. The close-knit communities show great respect and warmth towards tourists.

This trek is less commercial compared to others, allowing trekkers to experience authentic trekking. Key viewpoints like Pangpema and Ramchaur-Oktang offer stunning sights of the Kanchenjunga mountains and Kumbhakarna (Jannu Himal), with magical sunset moments. The trek requires a minimum of three weeks, a special restricted permit for at least two people, and can start from various points such as Suketar Airport or Taplejung, with accommodations ranging from homestays to camping tents.

Trip Itinerary:

Kanchenjunga Trekking:

Kanchenjunga Trek Highlights:

World Third Highest Kanchenjunga (8586m)Mountain, Adventurous trekking, Wilderness and Pure nature trek, Limbu, Rai, Sherpas' unspoiled culture, Steep and narrow trails, Lush forests, High route trails, Cardamoms farms, North and south Basecamps, People Typical life style.

Max Heights and Pass: 5005m Pangpema, 4480m Selele Pass, 4630m Mingin-La pass, 4646m SenionlapchePass and 4730m Oktang

Basecamps: 5143m North and 4500m south Yalung base camp.

Trekking Routes: The trail is often change after monsoon rain between Chhiruwa to Amjilossa and Gunsa to Khanbachen

The program for Kanchenjungha Trekking- 23 days-All routes updated

Day 01: Welcome to Nepal. Arrival in Kathmandu Airport.

Welcome at TIA Airport then transfer to the Hotel. Briefing the Kanchemjungha trek and welcome dinner . Overnight in Hotel.

Day 02: Kathmandu: sightseeing and trek preparation
Be ready for the day tours in UNSCO Heritage places like, Pashupatinath Temple, Kathmandu Durbar Square and Bouddhanath Stupa. We meet our guide; will tell us what we can expect on our trekking. Overnight in Kathmandu.Included [Breakfast]

Day 03: Fly from Kathmandu to Bhadrapur

A 45minute fly to Bhadrapur then same day drive to Taplejung(1820m) by private jeep/vechile7/8 hours. From the flight with good views of Everest, Lhotse, Makalu and Kanchenjunga. Or
There is dependable/conditional direct flight Kathmandu to Suketar airport (2,420m/7938ft) if we get the chance directly flight to Suketar than same day we start our trek to Mitlung .
Included meals: [Breakfast, Lunch, Dinner]

Day 04: Trek to Sukathum (1,576m) 5-6hrs walking

First day walking begins after breakfast, Walking left side of Tamor river at the beginning, Passing many small villages, teashops, up and down and wooden and suspension bridges until the Tapethok village. Then cross the river right side with nice villages with cardmoms , rice and millet fields and famous Poinsettias flower(Red Christmas flower). Final

suspension bridge we cross on Tamor River and then turn left to Gunsa river side we get Sukathum village. Stay overnight in Lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 05: Trek to Amjilosa (2,308m) 6-7hrs walking

Get information with Local people about the route conditions whether the way good or not? As ready you head to Amijilosa where you need to pass suspension/wooden bridges and go in bamboo and thick forest . Ascending from the lowest passing through Solima village will order you to downhill with hard trekking. Thus, we suggest you to pay attention and make you follow the difficult trail which will take you to Amjilosa. A small village of limbu people having small fields. Stay overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 06: Trek to Gyabla (2,730m) 6-7hrs walking

Beginning the stroll from the bank of river will make you cross the thick forest until you arrive at the river where you will outlook a tiny house crafted by stone and a newly made zinc roof room house. Afterward you will ascend up passing some small bridges with the prospect of appreciating fabulous waterfalls. The journey does not end here as you need to take additional short stroll and this tie it will take you to Gyabla, the Tibetan settlement area. Stay overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 07: Trek to Ghunsa (3,595m) 5-6hrs walking

Thick forest, Gunsa River and peaceful walking way along the river side really make you enjoyments. Soon you reach Tibetan refugee camp called Phale where there is a Gompa. We visit the Gompa and lama monks. It is a unique village. Spending some memorable time over there will encourage you to stroll ahead. Arriving at the Sherpa village called Ghunsa will open the prospect to enjoy the culture of native and this is the place acknowledged for hydroelectricity plant and this is a plateau surroundings mountains. Stay overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 08: Acclimatization day in Gunsa

Short hiking is better. You can visit to Tasi Chhoding Gumba and hike to the view point and walk and experience the real typical houses and their culture with their warm greeting by visiting inside. overnight in teahouse/lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 09: Trek to Kambachen (4,050m) 5-6hrs walking

Soon walk through the forests with stunning wildflowers, pine trees and Rhododendron

flowers. The trail of right side of Gunsa River is closed due to landslides. There often changes the route after monsoon rain. Be careful when crossing this landslide as there is a risk of rockfall from above. We take the way left side of Gunsa river until the next to Jannu himal then cross the wooden bridge and head to Khangpachen village. There is a gate before to reach the village and have to cross the Nupchu khola. Khambachen is a beautiful Tibetan settlement with some houses nestled in grassy plain surroundings mountains all around. Wonderful views of Jannu (Kumbhkarna Himal 711m), SobiThongie (6670m), Nyukla lachung(6012m) and many unnamed peaks are seen from the Khangpachen village. Overnight in Lodge/Teahouse.
Included meals: [Breakfast, Lunch, Dinner]

Day 10: Trek to Lhonak (4,780m) 6-7hrs walking

Trek to Lhonak is high route and the trail goes through the moraine passing yak herder 's camp at Ramtang (4,370m) . After an hour or so the trail becomes rockier and we pass under a landslide area where often rock falls. At north rocky wall you will see the waterfall/ icefall. We climb through open rocky fields and then cross moraines North West of the Kanchenjunga Glacier to Lhonak. There are incredible views of Wedge Peak (6,750m), Mera (6,344m), Nepal Peak (6,910m), Twins (7,351m) among others. Sunset on mountains view from Lhonak will be amazing. overnight in Lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 11: Trek to Pangpema(5005m) / Kanchenjunga North Base Camp (5,143m) and back to Lhonak 6-7hrs walking

Today be ready to hike Pangpema/Kanchenjungha north basecamp! Trek along the Kanchenjunga Glacier, several rocky passes, big boulders, loss stones, landslides area, and icy way and finally you get the Pangpeama(5005m). Wow! Kanchenjungha (8686m), Gimigella, Chang Himal, Nepal Peak, Kirat Chuli and many peaks and the amazing Kachenjungha glacier are closed by you. After enjoying the view, Taking photograph we take our pack lunch and Tea and if teashop is open we can eat soup and drink there. Then leave the Pangpema with wonderful views again back to Lhonak. Stay overnight at lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 12: Trek to Ghunsa (3,595m) 6hrs walking

We descend downhill to Kambachen with the giant views of mountains and Kachenjungha glacier and our lunch will be there. Walking the same way retract to Gunsa. Hot shower and good food is waiting you. Overnight at Lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 13: Trek to Sele Le High camp (4,290m) 5hrs walking

After Breakfast we start our trek from Ghunsa, mostly walk all through the thick forest of

Juniper and Rhododendron, along the steep rocky ridge. Finally you get the height 4290m, that is Sele le, a small silence stream is running and a fantastic view. Overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 14: Trek to Cheram (3,870m) via Selele -Mirgin-la and Sene-la Pass 6-7hrs walking

Having a wonderful view of Kumbhakarna(Jannu) Himal and Makalu you will pass the Sele la(4480m). See far Earsten range to Terai plain, you walk some hours straight on loosing rocks, see amazing small lakes. Be care after the last Pass of Mirgin la Pass (4630m) and Sene-La pass(4646m) the way splits to Tseram and Andaphedi. But we take straight right side, after few hours see the 3 small lakes and steep descends nearly(1000m) thousand meters down to Tseram with the views of Yalung and Kabru himal. Tseram is a plain place and also have a Helipad and few lodges. Stay overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 15: Trek to Oktang(4730m) and back to Ramche (4,580m) 7hrs walking

Hike the right side of Simbuwa khola river trail, cross the small streams, through the yak pastures. Soon you will see the beautiful lake and the views of Kabru Mountains and Yalung and Rathok and Bhokta peak. This is a beautiful walk on a valley trail until Yalung glacier. There is a lake and a meadow and often blue sheep can often be seen on the grassy slopes above. At Ramche there are only 2 stone made tea houses. After Lunch we hike to Oktang to see the fantastic views of Kanchenjungha (8586m), south, central, Yalung himal, Kabrus, Rathok and Kathok and the huge glacier. Taking the best photogram from this view point now returnthe same way down to Ramche. The sunset views on mountains are seen marvelous. Overnight in Ramche lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 16: Trek to Tortong (2,995m)- 6hrs walking

Walk from Ramche ,you will take downward to Tseram and Andaphedi with rocky and forest trail than with the lush forest of rhododendron throughout the way along the Simbuwa Khola river bank, it is an amazing way to Tortong. Stay overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 17: Trek to Yamphudin/Sherpa village (2,080m) 7hrs walking

Soon you cross the Yalung khola than take a right side ,walk through the wild forests until the big landslides of Lasiya Bhanjang at the height of 3410m then you get a small teashop/Bhatti, there you can eat your lunch. From here you nearly walk downhill 1300metrs towards the village of Sherpa.This Sherpa village also called Yamphudin is occupied by Sherpa, Limbu and Rai ethnicity. Stay overnight in lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 18: Trek from Yamphudin to Kanyam (1210m.|3969ft., 8 hrs drive)

After breakfast in Yamphudin, the trek begins by exploring beautiful landscapes along the Kabeli Khola trail. Departing from mountain villages, we drive to Kanyam, a scenic area surrounded by tea gardens. The journey features views of cardamom and tea cultivation. Transitioning from high altitudes to the lowlands brings bittersweet memories of the trek. Kanyam, a popular destination for local tourists, is bustling with visitors enjoying the tea gardens. Overnight Lodge.
Included meals: [Breakfast, Lunch, Dinner]

Day 19: Drive from Kanyam to Bhadrapur and late afternoon flight back to Kathmandu (1400m.|4593ft.)

We'll have breakfast and explore the green tea cultivation area in Kanyam, Ilam for a while. Then, we'll take a 2-3 hour drive to Bhadrapur. In the late afternoon, we'll catch a 45 to 50-minute flight from Bhadrapur to Kathmandu and then drop you off at the hotel.: [Breakfast, Lunch]

Day 20: Tour in Kathmandu/ Leisure Day

On the last day of Nepal, by touring the significant places or by shopping, you can enjoy the day here.: [Breakfast,]

Day 21: Fly back to your Home country.

Fly back to your homeland full of Nepal memories and nature walk refreshment. We drop you to the International Airport.
Included meal: [Breakfast]

Please have a short look at Kanchenjunga Photo Gallery ,Thank you.

Cost Details:

Kanchenjunga Trekking price:

Group size : 4 people minimum- 10 Maximum

Per Person: USD2550 [For Eating/Sleeping in TeaHouse/Lodge/Homestay Trek]

Per Person: USD 3650 [For Eating/Sleeping in Tents Camping Trek]

Cost Includes:

1.4 night’s hotel in Kathmandu with bed & breakfast
2.All domestic flights KTM/BHADRAPUR- BHADRAPUR/KTM
3.All land transportations

4.Guided sightseeing in Kathmandu valley
5.Restricted kanchenjunga Trekking Permit, TIMS Cards.
6.Meal: All meal Breakfast, Lunch, dinner during the trek
7.One experience trekking guide and porters and sherpas
8.Life, Medical Insurance for Guide & Porter
9.All accommodation during the trek best available hotel/guesthouses
10.Office service Charge
11 Good Salary for Guide and Porters.
12.Camping Tents
13. 13%VAT/TAX included

Cost Excludes:

1.All international flights
2 .Personal equipment for trekking
3. Personal Insurance for travel to Nepal
4. Lunch & dinner in Kathmandu
5. Emergency Rescue evacuation during the trek in case needed
6. Personal expenses
7. Tipping (Tips) for guide & porter
8. Bar bills, Beverage and mineral water during the trek.
9. The cost not mentioned in cost includes

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