



# Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

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## Kanchenjunga Trekking



Kanchenjunga Base Camp trek is an adventurous in far eastern Nepal. Comparing to other region this trek is more wilderness and remoteness. Mountains and massive forest views are fantastically awesome, and the people from this region are the friendliest so the trekkers feel the worthy doing a trek there.

Being at the height of more than 5000 meters north and south base camps, Crossing several passes Selele pass, Mirgin la Pass and Senion lapche pass are challenging and the diverse of landscapes are beautiful which make you the whole trek is just incredible and adventurous-nowhere you see.

The Limbu, Rai, Sherpa, Tamang have their intact culture and you can enjoy seeing their live culture. Also Brahmin Hindu culture you can experience. The native and origin culture make you harmony, spiritually leads you more peace and their unique lifestyle-body language expression are amazing.

Sleeping under the traditional thatched roofed houses will be totally different feeling - house often made from bamboo, wood, stones and mud and has small windows and doors but it is functioning good. In village houses are next to next or somewhere little far distance but their unity are intact and they are tie by their religious and equal economy level. Their Social structure are well functioning. When they see the tourists they have immense respect and warm welcome traditionally. And this Kanchenjunga trek is not commercial trek like other region so you can get the real test of trekking there.

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Pangpema and Ramchaur-Oktang are the great view points to see the Kanchenjunga Mountains, Kumbhakarna (Jannu Himal), Kabru mountains and other peaks and the Sunset moment is magically unbelievable. Kanchenjunga and Yalung glacier are amazingly huge and becoming larger.

This trek is a longer trek and you will need minimum 3 week holiday. Special restricted Kanchenjunga permit is required with minimum 2 people. Starting your trek from Suketar Airport or Taplejung or other many points and during the trek you sleep in homestay/lodge or Camping tents.

## Trip Itinerary:

### Kanchenjunga Trekking:

Kanchenjunga Trek Highlights:

World Third Highest Kanchenjunga (8586m) Mountain, Adventurous trekking, Wilderness and Pure nature trek, Limbu, Rai, Sherpas' unspoiled culture, Steep and narrow trails, Lush forests, High route trails, Cardamoms farms, North and south Basecamps, People Typical life style.

Max Heights and Pass: 5005m Pangpema, 4480m Selele Pass, 4630m Mingin-La pass, 4646m Senionlapche Pass and 4730m Oktang

Basecamps: 5143m North and 4500m south Yalung base camp.

Trekking Routes: The trail is often change after monsoon rain between Chhiruwa to Amjilossa and Gunsa to Khanbachen

The program for Kanchenjunga Trekking- 23 days-All routes updated

Day 01: Welcome to Nepal. Arrival in Kathmandu Airport.

Welcome at TIA Airport then transfer to the Hotel. Briefing the Kanchenjunga trek and welcome dinner . Overnight in Hotel.

Day 02: Kathmandu: sightseeing and trek preparation

Be ready for the day tours in UNESCO Heritage places like, Pashupatinath Temple, Kathmandu Durbar Square and Bouddhanath Stupa. We meet our guide; will tell us what we can expect on our trekking. Overnight in Kathmandu. Included [Breakfast]

Day 03: Fly from Kathmandu to Bhadrapur

A 45minute fly to Bhadrapur then same day drive to Taplejung(1820m) by private jeep/vehicle 7/8 hours. From the flight with good views of Everest, Lhotse, Makalu and Kanchenjunga. Or

There is dependable/conditional direct flight Kathmandu to Suketar airport

(2,420m/7938ft) if we get the chance directly flight to Suketar than same day we start our trek to Mitlung .

Included meals: [Breakfast, Lunch, Dinner]

Day 04: Trek to Mitlung (921m) 4-5hrs walking

First day walking begins after breakfast, descends newly opened motor track through the Cardamoms plantations, small villages of Limbu, Bhramin people and cross the suspension bridges. Soon you reach the Tamor River, walk along the riverside, rice fields and Alnus forests up to Mitlung village. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 05: Trek to Chirwa (1,270m) 5-6hrs walking

From Mitlung you will soar up and then take downhill as you will stroll towards the village of Sinwa. You will endure downward unless you will turn up to Tawa. From here you will take another soar up passing the suspension bridge which will take you to Thiwa. Then, heading towards the attractive rural scenes you will tune up at Chirwa with Limbu village. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 06: Trek to Sukathum (1,576m) 5-6hrs walking

Walking left side of Tamor river at the beginning, Passing many small villages, teashops, up and down and wooden and suspension bridges until the Tapethok village. Then cross the river right side with nice villages with cardmoms , rice and millet fields and famous Poinsettias flower(Red Christmas flower). Final suspension bridge we cross on Tamor River and then turn left to Gunsu river side we get Sukathum village. Stay overnight in Lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 07: Trek to Amjilosa (2,308m) 6-7hrs walking

Get information with Local people about the route conditions whether the way good or not? As ready you head to Amijilosa where you need to pass suspension/wooden bridges and go in bamboo and thick forest . Ascending from the lowest passing through Solima village will order you to downhill with hard trekking. Thus, we suggest you to pay attention and make you follow the difficult trail which will take you to Amjilosa. A small village of limbu people having small fields. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 08: Trek to Gyabla (2,730m) 6-7hrs walking

Beginning the stroll from the bank of river will make you cross the thick forest until you arrive at the river where you will outlook a tiny house crafted by stone and a newly made zinc roof room house. Afterward you will ascend up passing some small bridges with the

prospect of appreciating fabulous waterfalls. The journey does not end here as you need to take additional short stroll and this tie it will take you to Gyabla, the Tibetan settlement area. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

#### Day 09: Trek to Ghunsa (3,595m) 5-6hrs walking

Thick forest, Gunsa River and peaceful walking way along the river side really make you enjoyments. Soon you reach Tibetan refugee camp called Phale where there is a Gompa. We visit the Gompa and lama monks. It is a unique village. Spending some memorable time over there will encourage you to stroll ahead. Arriving at the Sherpa village called Ghunsa will open the prospect to enjoy the culture of native and this is the place acknowledged for hydroelectricity plant and this is a plateau surroundings mountains. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

#### Day 10: Acclimatization day in Gunsa

Short hiking is better. You can visit to Tasi Chhoding Gumba and hike to the view point and walk and experience the real typical houses and their culture with their warm greeting by visiting inside. overnight in teahouse/lodge.

Included meals: [Breakfast, Lunch, Dinner]

#### Day 11: Trek to Kambachen (4,050m) 5-6hrs walking

Soon walk through the forests with stunning wildflowers, pine trees and Rhododendron flowers. The trail of right side of Gunsa River is closed due to landslides. There often changes the route after monsoon rain. Be careful when crossing this landslide as there is a risk of rockfall from above. We take the way left side of Gunsa river until the next to Jannu himal then cross the wooden bridge and head to Khangpachen village. There is a gate before to reach the village and have to cross the Nupchu khola. Khambachen is a beautiful Tibetan settlement with some houses nestled in grassy plain surroundings mountains all around. Wonderful views of Jannu (Kumbhkarna Himal 711m), SobiThongie (6670m), Nyukla lachung(6012m) and many unnamed peaks are seen from the Khangpachen village. Overnight in Lodge/Teahouse.

Included meals: [Breakfast, Lunch, Dinner]

#### Day 12: Trek to Lhonak (4,780m) 6-7hrs walking

Trek to Lhonak is high route and the trail goes through the moraine passing yak herder 's camp at Ramtang (4,370m) . After an hour or so the trail becomes rockier and we pass under a landslide area where often rock falls. At north rocky wall you will see the waterfall/ icefall. We climb through open rocky fields and then cross moraines North West of the Kanchenjunga Glacier to Lhonak. There are incredible views of Wedge Peak (6,750m),

Mera (6,344m), Nepal Peak (6,910m), Twins (7,351m) among others. Sunset on mountains view from Lhonak will be amazing. overnight in Lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 13: Trek to Pangpema(5005m) / Kanchenjunga North Base Camp (5,143m) and back to Lhonak 6-7hrs walking

Today be ready to hike Pangpema/Kanchenjunga north basecamp! Trek along the Kanchenjunga Glacier, several rocky passes, big boulders, loss stones, landslides area, and icy way and finally you get the Pangpeama(5005m). Wow! Kanchenjunga (8686m), Gimigella, Chang Himal, Nepal Peak, Kirat Chuli and many peaks and the amazing Kachenjungha glacier are closed by you. After enjoying the view, Taking photograph we take our pack lunch and Tea and if teashop is open we can eat soup and drink there. Then leave the Pangpema with wonderful views again back to Lhonak. Stay overnight at lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 14: Trek to Ghunsa (3,595m) 6hrs walking

We descend downhill to Kambachen with the giant views of mountains and Kachenjungha glacier and our lunch will be there. Walking the same way retract to Gunsa. Hot shower and good food is waiting you. Overnight at Lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 15: Trek to Sele Le High camp (4,290m) 5hrs walking

After Breakfast we start our trek from Ghunsa, mostly walk all through the thick forest of Juniper and Rhododendron, along the steep rocky ridge. Finally you get the height 4290m, that is Sele le, a small silence stream is running and a fantastic view. Overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 16: Trek to Cheram (3,870m) via Selele -Mirgin-la and Sene-la Pass 6-7hrs walking

Having a wonderful view of Kumbhakarna(Jannu) Himal and Makalu you will pass the Sele la(4480m). See far Earsten range to Terai plain, you walk some hours straight on loosing rocks, see amazing small lakes. Be care after the last Pass of Mirgin la Pass (4630m) and Sene-La pass(4646m) the way splits to Tseram and Andaphedi. But we take straight right side, after few hours see the 3 small lakes and steep descends nearly(1000m) thousand meters down to Tseram with the views of Yalung and Kabru himal. Tseram is a plain place and also have a Helipad and few lodges. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 17: Trek to Oktang(4730m) and back to Ramche (4,580m) 7hrs walking

Hike the right side of Simbuwa khola river trail, cross the small streams, through the yak pastures. Soon you will see the beautiful lake and the views of Kabru Mountains and

Yalung and Rathok and Bhokta peak. This is a beautiful walk on a valley trail until Yalung glacier. There is a lake and a meadow and often blue sheep can often be seen on the grassy slopes above. At Ramche there are only 2 stone made tea houses. After Lunch we hike to Oktang to see the fantastic views of Kanchenjunga (8586m), south, central, Yalung himal, Kabrus, Rathok and Kathok and the huge glacier. Taking the best photogram from this view point now return the same way down to Ramche. The sunset views on mountains are seen marvelous. Overnight in Ramche lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 18: Trek to Tortong (2,995m)- 6hrs walking

Walk from Ramche ,you will take downward to Tseram and Andaphedi with rocky and forest trail than with the lush forest of rhododendron throughout the way along the Simbuwa Khola river bank, it is an amazing way to Tortong. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 19: Trek to Yamphudin/Sherpa village (2,080m) 7hrs walking

Soon you cross the Yalung khola than take a right side ,walk through the wild forests until the big landslides of Lasiya Bhanjang at the height of 3410m then you get a small teashop/Bhatti, there you can eat your lunch. From here you nearly walk downhill 1300metrs towards the village of Sherpa.This Sherpa village also called Yamphudin is occupied by Sherpa, Limbu and Rai ethnicity. Stay overnight in lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 20: Trek to Mananke (1,785m)- 5 hours walking.

Today we walk down to Kabeli Khola and check our trekking permits here again and then hike through the beautiful small villages of limbus with Himalayan Cherry trees, rice, millet and cardamoms fields. There are school and few houses at Mamankhe. Overnight at homestay.

Included meals: [Breakfast, Lunch, Dinner]

Day 21: Trek to Kande Bhanjang(2129m) - 6 hours walking.

Soon crosses a stream on a long suspension bridge and walk through the Alnuss trees and cardamoms before climbing to Ponphedanda village. Then the trail passes Yanthung and khesewa villages with the views of Jannu himal . The trail continues up to Kande Bhanjyang, There are homestay, a school, shops and police station and can be seen the Kabru mountains. Overnight at homestay.

Included meals: [Breakfast, Lunch, Dinner]

Day 22: Trek to Lali Kharka(2265m) -6 hrs

After breakfast the trail traverses a ridge to the Limbu village of Khunjari and then

descends to Pha Khola. Cross the suspension bridge on Pha river then hike through the Rice, millet and cardamom fields through Pokhara and Shimu villages to Thenbewa then continues through forest to Lali Kharka. There the typical houses are beautiful. Overnight at lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 23: Trek to Suketar (2,420m)/Taplejung(1820m)- 3 hours walking.

We start our hike up to Deurali through the lush green forests with the views of Kabru mountains where the newly open motor road is linked. The dusty road goes to Pathivara Devi Temple, a famous Hindu god in this region but we walk continue direction to Suketar Airport at Taplejung. Your Beautiful and adventure Kanchenjunga trek completes here. Overnight at lodge.

Included meals: [Breakfast, Lunch, Dinner]

Day 24: Drive to Bhadrapur 8/9 hrs by Jeep

Drive to Bhadrapur by Jeep and overnight at Hotel

Included meals: [Breakfast, Lunch, Dinner]

Or

Direct flight to Kathmandu from Suketar Airport.

Day 25: Fly to Kathmandu

Once you will arrive at Bhadrapur you will take flight to Kathmandu. Upon your arrival in Kathmandu you will transfer to hotel. In the evening we enjoy the farewell dinner. Stay overnight in hotel.

Included meals: [Breakfast, Lunch, ]

Day 26: Fly Back to your Country.

Transfer to Kathmandu TIA Airport.

Please have a short look at [Kanchenjunga Photo Gallery](#) ,Thank you.

## Cost Details:

Kanchenjunga Trekking price:

Group size : 4 people minimum- 10 Maximum

Per Person: USD 3150 [For Eating/Sleeping in TeaHouse/Lodge/Homestay Trek ]

Per Person: USD 3650 [For Eating/Sleeping in Tents Camping Trek]

## Cost Includes:

- 1.4 night's hotel in Kathmandu with bed & breakfast
- 2.All domestic flights KTM/BHADRAPUR- BHADRAPUR/KTM
- 3.All land transportations
- 4.Guided sightseeing in Kathmandu valley
- 5.Restricted kanchenjunga Trekking Permit, TIMS Cards.
- 6.Meal: All meal Breakfast, Lunch, dinner during the trek
- 7.One experience trekking guide and porters and sherpas
- 8.Life, Medical Insurance for Guide & Porter
- 9.All accommodation during the trek best available hotel/guesthouses
- 10.Office service Charge
- 11 Good Salary for Guide and Porters.
- 12.Camping Tents
13. 13%VAT/TAX included

## Cost Excludes:

- 1.All international flights
- 2 .Personal equipment for trekking
3. Personal Insurance for travel to Nepal
4. Lunch & dinner in Kathmandu
5. Emergency Rescue evacuation during the trek in case needed
6. Personal expenses
7. Tipping (Tips) for guide & porter
8. Bar bills, Beverage and mineral water during the trek.
9. The cost not mentioned in cost includes



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