Asian Expedition Pvt. Ltd

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Gorkha Manaslu Eco Trek



Blessed by nature splendor and land marked by plethora of historic, religious, ecological & cultural place from where unification of Nepal was started by king Prithvi Nayaran Shah. This trek offers pilgrims tours, agro tourism, community based home stay & a moderate trekking. Taking 10 minute Cable car to Manakamana temple, visit Gorkha Palace and sunrise views from Darche Danda at height 3220m. This is a short and easy walking trek.

Trip Itinerary:

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Day 1 :

Arrival in Kathmandu International Airport. Welcome and greets by our representative and transfer to Hotel.Overnight at Hotel.

Day 2:

Sightseeing tours at world UNESCO Heritage places in Boudhnath Temple, Pashupatinath Temple and Kathmandu Darbur Square. Same day evening short briefing on the next day trekking trip. Over night in Hotel.

Day 3 :

Drive to Gorkha overnight stay in Gorkha. The most important place to visit during the excursion in the historical Gorkha Durbar (palace). The palace carries the great history of King Prithvi Narayan Shah's initiation for the unification of modern Nepal. It lies at an altitude which is a thousand feet above Gorkha Bazaar. The place dominates the surroundings and is visible from all surrounding areas. The site is regarded as a holy shire. It also offers visitors with fantastic views of green valleys and the range of beautiful snow clad mountains in the north. The place also boats beautiful architecture and is built in pagoda style. Over night in Hotel.

Day 4 :

After visiting the place, head towards Gorkah Bazaar where Gorkha museum is located. The museum consists of wide range of artifacts and personal belongings of King Prithi Narayan Shah along with his 52 feet long cheena (birth detail). Apart from range of objects such as art, sculptures, coins and several other articles on display. After visiting the museum, visit the main market area and rest over the night in hotels and lodges.

Third day of the trek begins with bus/jeep drive to Bhachhek which is at distance of about 6-7 hours from Gorkha Bazaar. The road to Bhachhek passes through curvaceous mountain roads overlooking Daraudi River, which can be a thrilling experience. Over night in Hotel.

Day 5 :

After reaching Bhachhek, the final stop for the drive, proceed towards Sirandanda which can be reached after a short hike of about an hour. Sirandanda is a Hyolmo village and is situated at the hill top. Major attractions of Sirandanda are Nagepokhari, Dudhpokhari, Bhot dodar, Chima, Dharadi and tea garden. It also offers a magnificent view of sunrise and a stunning Manaslu range. The village has a rich diversity of medicinal herbs like nirmasi, jedamasi, jatamasi, rato unyu, yarsagumba and satuwa among others. Home stay facility is available in the village. Agricultural product of the village is organic potato and unprocessed tea leaves. It is one of the few villages in Gorkha district to produce its own tea. Sirandanda is struggling to find its place in the tourist map despite overwhelming scenic beauty of its landscape. Over night in Home stay.

Day 6 :

On the fourth day, proceeds the trek towards Mathar village located at an altitude of 1790m. The village can be reached after a hike of about 1.5 hours towards northeast. From Mathar, head towards Ghyachowk which lies at distance 1.5km. Lunch can be taken in Ghyachowk after asking locals to prepare.

After the lunch, the trek then proceeds towards Barpak village, the final destination for the third day. A trek of four and half hours from Ghyachowk takes to Barpak, En route to Barpak are Dewalsara, Sum River, Daraudi River, Goje and Lagang.

Barpak village is mostly inhabited by ex-army men and it is also known as the village of late Capt. Gaje Ghale who was honored with Victoria Cross Medal. Gurung and Ghale community comprises the major population of the village. It also provides the basic amenities like electricity, internet facility, medical service, and hotels. For accommodation, the village offers well organized home stay facility along with standard hotels. After Earthquake hit by 2015, this village is almost gone. But now it is recovered.

Day 7 :

The fifth day of the trek passes thorugh Basukang before reaching Laprak VDC. Basukang is a junction that also leads to Rupnala Pass- famous destination among Manaslu trekkers. After a trek of around six hours, one can reach Laprak village, Laprak is a landslide vulnerable zone and the rain triggered landslide in 1999 swept away houses and about 12 hectares of cultivated land. Laprak, a typical Gurung village is also a pit stop for the Manaslu trekkers. Hotels are available for accommodation. Laprak is also accessible from Tatopani in the East and Gumda village in the South. Most of the villagers are engaged in tourism business and few of them have also earned international recognition.

Day 8 :

The sixth day of the trek heads towards Nambai Kharka. The Kharka (pasture or cowshed) is arrived after a moderate walk 4 hours from Laprak. The Kharka is an open pasture land with few temporary houses of Laprakis (people of Laprak) which provides them shelter during planation and harvest period of potatoes. Trekkers need to be self sufficient for food and lodging. During their stay in Nambai Kharka, it is advised that one should stick with vegetarian diet as locals believe that slaughtering of animals will bring illness to the trekkers.

Day 9 :

On the seventh day, after walking up early in the morning, hike to Dharchhe Danda, the highest point of the lower Manaslu trekking route. Dharche Danda, which is located at an altitude of 3220m, offers a breathtaking 180 degree panoramic view of more than 20 Himalayan peaks and a beautiful view of sunrise. Some of the peaks that can be viewed from the top of Dharche are Annapurna, Annapurna I, Annapurna II, Bharatsikhar,

Gangapurna, Machhapuchhre, Lantang, Himalchuli, Buddha Himal, Sarang Peak, Malkunti Peak, Babu Himal, Sringi Himal, GaneshI, Ganesh II and Ganesh III among others. Among Gourung community, Dharche Danda (hill) holds a religious significance. They offer prayer to the hill deity to avoid natural calamities. It is also believed that if tourists offer prayer to the hill deity, they will be blessed with clear visibility and will ward off misfortune while on trek. The day's trek ends at Thala Thotnery, village enriched with Gurung culture. Commercial lodging facilites are not available in the village but tourists have an option for home stay where they will be showcased local Gurung culture and delicacies. Sita Cave situated in the southwest and Olajung Danda is other attraction of the place.

Day 10 :

On the eighth day, trek down to Sita cave which is located at a distance of 1.8km from Thala Thotneri. The cave is situated at an altitude of 1165m. The cave is surrounded by dense forest and holds a religious significance among Hindus and is one of the major tourist attractions. Every year during Ram Nawami, which is celebrated on the seventh day of the bright for night of the Hindu month of Chaitra (March and April), thousands of Hindu devotees gather to pay homage to Lord Ram. It is believed that goddess Sita, wife of Lord Ram, has spent time and stayed here. The caving experience in Sita Cave can be thrilling and adventurous. After tour of the cave, the day ends with a trek to Deurali, the final destination of the day which is few hours walk from for the Sita Cave Accommodation for the night can be done in the home stay. Over night in Homestay.

Day 11 :

On the ninth day final day of the trek begins with a bus drive from Deurali to Gorkha Bazar, The bus departs at 8 am to Gorkha Bazaar which can be reached after a drive of about two hours. After reaching Gorkha Bazaar, bus and vans can be found to go to Kathmandu. Bus services are available a regular interval and a drive of about six hours will end the journey at Kathmandu. Over night in Hotel.

Day 12 :

Shopping day / half day sightseeing tours in Patan city. Over night in Hotel.

Day 13:

Transfer to Airport for your home country.

Cost Details:

Full package cost:
Group Size: minimum 2 People

Per Person : Euro 980
5 Above person group
Per Person: Euro 870

Cost Includes:

1. 4 night's hotel in Kathmandu with bed & breakfast
2. Guided sightseeing in Kathmandu valley
3. Trekking Permit TIMS, Gorkha Manaslu permit, TIMS Card.
4. Meal: All meal Breakfast, Lunch, dinner during the trek
5. One experience trekking guide 1 porter for 2 trekker
6. Life, Medical Insurance for Guide & Porter
8. All accommodation the best available hotel/guesthouses/Homestay
9. Our service charge
10. Good Salary for Guide and Porters.

Cost Excludes:

1. Personal equipment for trekking
2. Personal Insurance for travel to Nepal
3. Lunch & dinner in Kathmandu
3. Emergency Rescue evacuation during the trek incase needed
4. Personal expenses
5. Tipping (Tips) for guide & porter
6. Bar bills, Beverage and mineral water during the trek.
7. The cost not mentioned in cost includes

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