



Asian Expedition Pvt. Ltd

Thamel, Kathmandu Nepal

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Barunste (7129m) Expedition



Mt. Baruntse Peak(7129m) lies in the heart of the Khumbu massif to the west of Makalu. Baruntse was one the early Himalayan peaks recognized by Edmund Hillary's team for climbing east of Everest. The mountain was first ascended by Colin Todd and Geoff Harrow in 1954 by the South-East Ridge. This captivating ridge is surrounded by some of the most famous peaks of the world: Everest, Lhotse , Ama Dablam and the list continues. Baruntse is the most accessible 7000-meter peak in the region besides having a normal route of ascent, which can be guided. The first to make its summit were the already famous Hillary and Jim McFarland. The ascent route is through the southern ridge overhanging the famous West pass; this is in act the traditional route opened by Hillary and Shipton in 1952. The regular approach begins at Lukla and takes you across the Hongu valley, one of the most fertile regions in Nepal , passing northward through a beautiful alpine environment. The walk passes through delightful Sherpa country and provides for excellent acclimatization. The Baruntse base camp is at an altitude of around 5400m and sits near the pristine lakes below Amphu Labtsa pass. The route then follows a long ridge leading to the summit. An ascent on Baruntse is an adventure for climbers wishing to meet a true Nepalese 7000 meter.This Baruntse can be climb through Arun valley to Makalu Base camp as well. Situated in the heart of Everest's Khumbu region, it lies directly above Thyangboche Monastery on the well-worn path to Everest Base Camp and is admired by thousands of trekkers and climbers every year. This expedition offers a

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superb, technical climbing experience in a magnificent setting, with numerous cultural and scenic diversions.

Trip Itinerary:

Barunste (7129m) Expedition:

CLIMBING PERIOD: SPRING / AUTUMN SEASON

MAXIMUM: 34 Days

ENTRY: LUKLA

EXIT: LUKLA

Day:1 Arrival in Kathmandu. Transfer to your hotel.

Day:2 Kathmandu.

Day:3 Kathmandu.

Day: 4 Fly to Lukla (2860m-9384ft).

Day: 5 Trek to Chutanga (3137m-10411ft).

Day : 6 Acclimatization at Chutanga. Hike to Kharketenga to view more nice views.

Day :7 Trek to Zwatra (4000m) passing 2 hight 4200 meters and 4600meters

Day:8 Trek to Kothey (Tashi Ongma) (3520m-11549ft).

Day:9 Trek to Thagnak (4355m-14289ft).

Day:10 Trek to Khare.(4745m-15568ft)

Day:11 Trek to Mera Base Camp.(5260m-17258ft)

Day:12 Trek to Seto Pokhari camp.

Day:13 Trek to Mt. Baruntse Base Camp.

Day:14-25 Climbing Period Mt. Baruntse.

Day:26 Clean up Base Camp

Day:27 Trek back to Seto Pokhari camp.

Day:28 Trek to Mera Peak Base Camp.

Day:29 Trek to Khahare.

Day:30 Trek to Kothey.

Day : 31 Trek to Zwatra.

Day:32 Trek to Chutanga.

Day:32 Trek to Lukla. Overnight in lodge.

Day:33 Fly to Kathmandu. Transfer to your hotel.

Day:34 Kathmandu

Cost Details:

Experience Required for the Barunste Expedition:

The Barunste expedition is one of the most technically difficult expedition. The climbers need to have good skills on rock and ice climbing and technically competent. On most parts of the routes there will be fixed rope, however, the climbers should possess skills to climb through steep rock and hard water ice.

Group Size/Baruntse Expedition Cost

Single Person: \$ 10400.00

2-4 Person: US\$ 85'00.00 p/p

5-10 Person: US\$ 7'300.00 p/p

Garbage Deposit USD 2000.00 (Sharing of the total person) and Deposit fee will be not refunded if the clients (climber) don't take back their garbage.

Cost Includes:

Peak/ Expedition Permit of Baruntse

Sagarmatha & Makalu Barun National Park fees

Food for trekking expedition period

Crew: Base camp Guide, Cook, Cook helper

Porters or Yak porter Lukla to Base camp & Base camp to Lukla

Kathmandu -Lukla - Kathmandu flights with Cargo 50 KG Per member

Equipment allowance, daily allowance for Liaison officer, expedition crew.

1 tent for 1 person for Expedition

Mat, dining tent, Toilet tent, Mess tent, Store tent, Table & chairs trekking for the expedition

Local transportation in Kathmandu (Airport-hotel-airport)

Cost Excludes:

PERSONAL equipments for Expedition & trekking
Personal & medical Insurance of expedition
Climbing food, Gas & stove above Base camp
Lunch & dinner in Kathmandu
Emergency Rescue evacuation by helicopter incase needed
Walkie Talkie permit & Satellite phone permit
Oxygen & Mask -regulator
Personal expenses
Bar Bills & beverage



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